



Water Rat Swim Team



# Pentathlon

## January 21-22, 2012

### Westport Weston Family Y

**SATURDAY JAN. 21 (Session 1: 9/10 Girls and Boys)**

Warm Up: 8:00 am

Meet Start: 9:00 am

GIRLS EVENT #	EVENT	BOYS EVENT #
1	50 FL	2
3	50 BK	4
5	50 BR	6
7	50 FR	8
9	100 IM	10

**SATURDAY JAN. 21 (Session 2: 11/12 Girls and Boys)**

Warm Up: 1:00 pm

Meet Start: 2:00 pm

GIRLS EVENT #	EVENT	BOYS EVENT #
11	50 FL	12
13	50 BK	14
15	50 BR	16
17	50 FR	18
19	100 IM	20

**SUNDAY, JAN. 22 (Session 3: 13/14 Girls and Boys)**

**Warm Up: 7:30 am**

**Meet Start: 8:45 am**

<b>GIRLS EVENT #</b>	<b>EVENT</b>	<b>BOYS EVENT #</b>
21	13/14 100 FL	22
25	13/14 100 BK	26
29	13/14 100 BR	30
33	13/14 100 FR	34
37	13/14 200 IM	38

**SUNDAY, JAN. 22 (Session 4: 15/Over Girls and Boys)**

**Warm Up: 1:00 pm**

**Meet Start: 2:15 pm**

<b>GIRLS EVENT #</b>	<b>EVENT</b>	<b>BOYS EVENT #</b>
23	15/O 100 FL	24
27	15/O 100 BK	28
31	15/O 100 BR	32
35	15/O 100 FR	36
39	15/O 200 IM	40

**Parents, please volunteer!** For more information, contact [msedlak@westporty.org](mailto:msedlak@westporty.org) or [ejohnston@westporty.org](mailto:ejohnston@westporty.org)