

2011 Long Course Championship Meet Packet

- ❖ Attached you will find the order of event sheets with qualifying times for the following Connecticut Championship Meets: Regionals, Seniors and Age Groups.

- ❖ Please check qualifying times and order of events carefully.

- ❖ If you are unsure about your qualification status, you can go to the following link and insert the needed info the list of which Water Rats qualify for any of the championship meets:
<http://www.ctswim.org/CTNet/DatabaseQuery.aspx>

- ❖ Important Deadlines:
 - Regional Championships – You MUST OPT OUT by Sunday, June 26th if you DO NOT plan to swim.
 - Senior Championships and Age Group Championships– Must confirm entry with Ellen by Wednesday, July 6th.

- ❖ Meet Sites and Times:
 - Regional Champs: Wesleyan University – Time to be determined and announced the week of June 26th.
 - Senior Champs: Thursday: Warm up = 3pm Meet Start = 5pm
Friday, Saturday and Sunday: Prelims = 645am Meet Start = 830am
Friday, Saturday and Sunday: Finals = 330pm Meet Start = 5pm
 - Age Group Champs: Thursday: Warm up = 330pm Meet Start = 415pm
Friday, Saturday and Sunday: Prelims = 7am Meet Start = 820am
Friday, Saturday and Sunday: Finals = 430pm Meet Start = 530pm

Should you have any questions, please contact Ellen at EllenJ1@aol.com or at (203)-209-0198

GO WRATS!

ORDER OF EVENTS
2011 LONG COURSE REGIONAL CHAMPIONSHIPS
13-18 Year Old Swimmers
July 8-10, 2011

Friday, July 8, 2011

Girls	LCM		SCM		SCY		SCM		SCY		Event		SCY		SCM		SCY		LCM		Boys
	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	
1	5:55.00	6:22.41	5:35.50	6:13.87	5:05.00	5:34.99	4:52.00	5:38.99	4:52.00	5:38.99	14/U 400M IM *	4:52.00	5:38.99	5:26.00	5:26.00	5:54.00	6:32.24	6:18.49	5:54.00	6:32.24	2
3	5:49.50	6:16.70	5:25.50	6:08.29	4:56.00	5:29.99	4:48.00	5:20.99	4:48.00	5:20.99	18/U 400M IM*	4:48.00	5:20.99	5:26.00	5:26.00	5:33.00	6:11.09	5:58.24	5:33.00	6:11.09	4
5	5:05.00	5:27.78	4:52.50	5:18.89	5:34.00	6:04.49	5:26.00	6:08.49	5:26.00	6:08.49	14/U 400M /500Y Freestyle*	5:26.00	6:08.49	4:45.25	5:00.50	5:00.50	5:30.49	4:45.25	5:00.50	5:30.49	6
7	4:57.00	5:21.48	4:45.00	5:12.76	5:25.50	5:57.49	5:06.50	5:39.99	5:06.50	5:39.99	18/U 400M /500Y Freestyle*	5:06.50	5:39.99	4:28.25	4:41.50	4:41.50	5:07.68	4:28.25	4:41.50	5:07.68	8

* Depending on timeline, may be heat limited to a minimum of 24 swimmers.

Saturday, July 9, 2011

1	2:51.50	3:12.95	2:38.50	3:09.72	2:22.00	2:49.99	2:22.00	2:44.99	2:22.00	2:44.99	18/U 200M Butterfly	2:22.00	2:44.99	2:38.50	3:04.14	2:40.50	3:10.52	3:04.14	2:40.50	3:10.52	2
3	2:55.50	3:24.30	2:45.00	3:20.88	2:28.00	2:59.99	2:29.50	3:00.99	2:29.50	3:00.99	14/U 200M Butterfly	2:29.50	3:00.99	2:47.00	3:21.99	2:55.00	3:29.44	3:21.99	2:55.00	3:29.44	4
5	1:25.50	-----	1:19.00	-----	1:12.00	-----	1:08.00	-----	1:08.00	-----	18/U 100M Breaststroke	1:08.00	-----	1:16.00	-----	1:20.00	-----	1:16.00	1:20.00	-----	6
7	1:27.50	-----	1:21.50	-----	1:13.00	-----	1:11.00	-----	1:11.00	-----	14/U 100M Breaststroke	1:11.00	-----	1:19.25	-----	1:25.00	-----	1:19.25	1:25.00	-----	8
9	29.75	-----	28.50	-----	26.00	-----	24.50	-----	24.50	-----	18/U 50M Freestyle	24.50	-----	27.00	-----	26.75	-----	27.00	26.75	-----	10
11	30.50	-----	29.50	-----	25.75	-----	23.75	-----	23.75	-----	14/U 50M Freestyle	23.75	-----	26.50	-----	29.00	-----	26.50	29.00	-----	12
13	2:41.00	3:04.53	2:34.50	2:58.56	2:18.50	2:39.99	2:11.00	2:34.99	2:11.00	2:34.99	18/U 200M IM	2:11.00	2:34.99	2:26.25	2:52.98	2:30.00	3:00.85	2:26.25	2:30.00	3:00.85	14
15	2:44.50	3:03.19	2:32.00	2:59.68	2:15.50	2:40.99	2:11.00	2:42.49	2:11.00	2:42.49	14/U 200M IM	2:11.00	2:42.49	2:26.25	3:01.35	2:40.50	3:04.63	2:26.25	2:40.50	3:04.63	16
17	2:42.00	3:08.49	2:33.00	3:00.24	2:17.50	2:41.49	2:13.50	2:38.99	2:13.50	2:38.99	18/U 200M Backstroke	2:13.50	2:38.99	2:29.00	2:57.49	2:32.50	3:07.49	2:29.00	2:32.50	3:07.49	18
19	2:47.00	3:10.77	2:37.50	3:02.47	2:21.00	2:43.49	2:20.50	2:53.24	2:20.50	2:53.24	14/U 200M Backstroke	2:20.50	2:53.24	2:37.00	3:13.49	2:42.50	3:24.24	2:37.00	2:42.50	3:24.24	20
21	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	15/18 200M Medley Relay	-----	-----	-----	-----	-----	-----	-----	-----	-----	22
23	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	13/14 200M Medley Relay	-----	-----	-----	-----	-----	-----	-----	-----	-----	24
25	10:11.00	11:27.99	9:37.50	10:49.49	11:00.00	12:09.99	10:21.00	11:49.99	10:21.00	11:49.99	18/U 800M/1000Y Free*	10:21.00	11:49.99	9:03.50	10:31.99	9:28.00	11:01.49	9:03.50	9:28.00	11:01.49	26
27	10:29.00	11:42.99	10:16.00	11:15.99	11:40.00	12:39.99	11:10.00	12:39.99	11:10.00	12:39.99	14/U 800M/1000Y Free*	11:10.00	12:39.99	9:46.50	11:15.99	10:06.00	11:30.99	9:46.50	10:06.00	11:30.99	28

* Depending on timeline, may be heat limited to a minimum of 24 swimmers.

ORDER OF EVENTS
2011 LONG COURSE REGIONAL CHAMPIONSHIPS
13-18 Year Old Swimmers
July 8-10, 2011

Sunday, July 10, 2011

Girls	LCM		SCM		SCY		Event		SCY		SCM		SCY		LCM		Boys
	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	
29	1:16.00	---	1:11.00	-----	1:03.50	-----	18/U	100M	Backstroke	1:01.00	-----	1:08.25	-----	1:11.50	-----	30	
31	1:17.50	---	1:13.00	-----	1:05.50	-----	14/U	100M	Backstroke	1:04.00	-----	1:11.50	-----	1:15.50	-----	32	
33	1:05.50	---	1:01.75	-----	56.25	-----	18/U	100M	Freestyle	51.50	-----	57.50	-----	59.50	-----	34	
35	1:06.50	---	1:03.25	-----	57.50	-----	14/U	100M	Freestyle	56.00	-----	1:01.75	-----	1:04.00	-----	36	
37	1:13.50	---	1:11.00	-----	1:02.50	-----	18/U	100M	Butterfly	59.00	-----	1:06.00	-----	1:07.50	-----	38	
39	1:16.50	---	1:12.25	-----	1:04.75	-----	14/U	100M	Butterfly	1:04.00	-----	1:10.50	-----	1:14.50	-----	40	
41	3:30.50	3:30.69	2:54.00	3:26.46	2:37.50	3:04.99	18/U	200M	Breaststroke	2:32.50	2:55.99	2:50.25	3:16.42	2:55.00	3:25.12	42	
43	3:10.00	3:30.69	2:58.25	3:26.46	2:42.00	3:04.99	14/U	200M	Breaststroke	2:41.00	3:12.99	2:57.00	3:35.49	3:06.00	3:44.99	44	
45	2:21.00	2:35.99	2:14.25	2:36.80	2:00.50	2:20.49	18/U	200M	Freestyle	1:52.50	2:15.99	2:05.50	2:31.77	2:12.00	2:37.21	46	
47	2:25.00	2:40.09	2:18.00	2:37.99	2:04.50	2:23.49	14/U	200M	Freestyle	2:01.25	2:24.74	2:15.50	2:41.49	2:21.00	2:47.24	48	
49	-----	-----	-----	-----	-----	-----	15/18	200M	Free Relay	-----	-----	-----	-----	-----	-----	50	
51	-----	-----	-----	-----	-----	-----	13/14	200M	Free Relay	-----	-----	-----	-----	-----	-----	52	
53	19:42.00	21:24.61	18:46.00	20:48.74	18:46.00	20:52.49	18/U	1500M/1650Y	Free*	17:43.00	20:54.99	17:43.00	20:51.24	18:21.00	21:40.51	54	
55	20:07.00	22:03.07	19:07.50	21:26.13	19:07.50	21:29.99	14/U	1500M/1650Y	Free*	18:36.00	21:44.99	18:36.00	21:41.09	19:16.00	22:32.32	56	

* Depending on timeline, may be heat limited to a minimum of 24 swimmers.

CONNECTICUT SENIOR CHAMPS

THURSDAY, July 14, 2011

<u>WOMEN</u>				<u>MEN</u>				
<u>NO.</u>	<u>LCM</u>	<u>SCM</u>	<u>SCY</u>	<u>EVENT</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>	<u>NO</u>
1	19:39.99	18:29.99	18:29.99	1500M/1650Y Freestyle*				
				800M/1000Y Freestyle*	10:36.99	9:31.99	9:36.99	2
3				800M Free Relay				4

FRIDAY, July 15, 2011

5	2:19.99	2:14.49	1:59.59	200M Freestyle	1:51.29	2:08.49	2:08.99	6
7	3:02.39	2:51.49	2:36.69	200M Breaststroke	2:29.99	2:48.99	2:57.99	8
9	1:15.49	1:09.99	1:02.89	100M Backstroke	59.19	1:09.49	1:10.59	10
11	5:39.99	5:23.99	4:53.99	400M IM	4:40.99	5:22.49	5:25.99	12
13				400M Freestyle Relay				14

SATURDAY, July 16, 2011

15	2:38.99	2:32.99	2:16.09	200M IM	2:06.19	2:28.49	2:27.99	16
17	29.74	28.49	25.59	50M Freestyle	23.19	26.99	26.99	18
19	1:24.99	1:19.49	1:11.59	100M Breaststroke	1:09.19	1:17.99	1:19.99	20
21	1:12.49	1:09.99	1:02.19	100M Butterfly	57.89	1:05.99	1:06.89	22
23	4:56.99	4:47.49	5:21.69	400M/500Y Freestyle	4:57.99	4:31.99	4:35.99	24
25				400M Medley Relay				26

SUNDAY, July 17, 2011

27				200M Medley Relay				28
29	2:42.09	2:34.49	2:16.29	200M Backstroke	2:12.19	2:28.99	2:32.59	30
31	1:04.29	1:02.49	55.59	100M Freestyle	50.89	58.49	58.69	32
33	2:45.99	2:34.99	2:21.29	200M Butterfly	2:16.99	2:30.49	2:33.99	34
35				200M Freestyle Relay				36
37	10:22.99	9:42.99	10:59.99	800M/1000Y Freestyle*				
				1500M/1650Y Freestyle*	18:14.99	18:14.99	18:59.99	38

* These events will be swum as timed final events.

2011 LONG COURSE CONNECTICUT AGE GROUP SWIMMING CHAMPIONSHIP

ORDER OF EVENTS

July 21 - July 24, 2011

THURSDAY JULY 21, 2011 WESLEYAN UNIVERSITY

<u>GIRLS</u>				<u>BOYS</u>				
<u>NO.</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>	<u>EVENT</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>	<u>NO.</u>
1	19:07.49	19:07.49	20:06.99	13/14 1500M/1650Y Free	18:35.99	18:35.99	19:15.99	2
3	18:45.99	18:45.99	19:41.99	15/19 1500M/1650Y Free	17:42.99	17:42.99	18:20.99	4
				30 minute warm-up				
5	6:57.49	6:08.49	6:11.99	10/U 400M/500Y Free	7:07.49	6:16.49	6:30.99	6
7	6:01.99	5:18.49	5:26.99	11/12 400M/500Y Free	6:04.99	5:20.99	5:39.99	8
9	----	----	----	13/14 800M Free Relay	----	----	----	10
11	----	----	----	15/18 800M Free Relay	----	----	----	12

FRIDAY MORNING JULY 22, 2011 WESLEYAN UNIVERSITY

13	-----	-----	-----	13/14 200M Med Relay	-----	-----	-----	14
15	-----	-----	-----	15/18 200M Med Relay	-----	-----	-----	16
17	2:15.49	2:31.99	2:44.49	13/14 200M IM	2:10.99	2:26.24	2:40.49	18
19	2:18.49	2:34.49	2:40.99	15/19 200M IM	2:10.99	2:26.24	2:29.99	20
21	25.74	29.49	30.49	13/14 50M Free	23.74	26.49	28.99	22
23	25.99	28.49	29.74	15/19 50M Free	24.49	26.99	26.74	24
25	2:41.99	2:58.24	3:09.99	13/14 200M Breast	2:40.99	2:56.99	3:05.99	26
27	2:37.49	2:53.99	3:03.49	15/19 200M Breast	2:32.49	2:50.24	2:54.99	28
29	5:33.99	4:52.49	5:04.99	13/14 400M/500Y Free	5:25.99	4:45.24	5:00.49	30
31	5:25.49	4:44.99	4:56.99	15/19 400M/500Y Free	5:06.49	4:28.24	4:41.49	32
33	----	----	----	13/14 200M Free Relay	----	----	----	34
35	----	----	----	15/18 200M Free Relay	----	----	----	36

FRIDAY MORNING JULY 22, 2011 CHESHIRE COMMUNITY POOL

37	2:37.49	2:52.99	2:55.99	10/U 200M Free	2:38.99	2:54.99	3:02.99	38
39	2:13.49	2:28.99	2:34.99	11/12 200M Free	2:15.99	2:31.99	2:37.49	40
41	1:27.49	1:37.99	1:44.99	10/U 100M Butterfly	1:33.99	1:34.49	1:50.99	42
43	1:11.74	1:18.74	1:24.99	11/12 100M Butterfly	1:13.99	1:22.49	1:28.49	44
45	2:32.99	2:50.49	2:59.99	11/12 200M Back	2:35.49	2:53.49	3:04.99	46
47	43.24	47.74	49.99	10/U 50M Breast	44.99	49.49	52.49	48
49	36.49	40.74	43.49	11/12 50M Breast	38.49	42.24	45.49	50
51	----	----	----	10/U 400M Free Relay	----	----	----	52
53	----	----	----	11/12 400M Free Relay	----	----	----	54

2011 LONG COURSE CONNECTICUT AGE GROUP SWIMMING CHAMPIONSHIP

ORDER OF EVENTS

July 21-July 24, 2011

SATURDAY MORNING, JULY 23, 2011
WESLEYAN UNIVERSITY

<u>GIRLS</u>					<u>BOYS</u>				
<u>NO</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>	<u>EVENT</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>	<u>NO</u>	
55	57.49	1:03.24	1:06.49	13/14 100M Free	55.99	1:01.74	1:03.99	56	
57	56.24	1:01.74	1:05.49	15/19 100M Free	51.49	57.49	59.49	58	
59	2:27.99	2:44.99	2:55.49	13/14 200M Fly	2:29.49	2:46.99	2:54.99	60	
61	2:21.99	2:38.49	2:51.49	15/19 200M Fly	2:21.99	2:38.49	2:40.49	62	
63	1:05.49	1:12.99	1:17.49	13/14 100M Back	1:03.99	1:11.49	1:15.49	64	
65	1:03.49	1:10.99	1:15.99	15/19 100M Back	1:00.99	1:08.24	1:11.49	66	
67	5:04.99	5:35.49	5:54.99	13/14 400M IM	4:51.99	5:25.99	5:53.99	68	
69	4:55.99	5:25.49	5:49.49	15/19 400M IM	4:47.99	5:21.49	5:32.99	70	
71	----	----	----	13/14 400M Free Relay	----	----	----	72	
73	----	----	----	15/18 400M Free Relay	----	----	----	74	

SATURDAY MORNING, JULY 23, 2011
CHESHIRE COMMUNITY POOL

75	----	----	----	10/U 200M Med Relay	----	----	----	76
77	----	----	----	11/12 200M Med Relay	----	----	----	78
79	1:17.99	1:27.24	1:34.99	10/U 100M Back	1:22.49	1:32.24	1:38.49	80
81	1:10.99	1:17.99	1:23.99	11/12 100M Back	1:11.74	1:19.99	1:25.49	82
83	31.99	35.24	36.49	10/U 50M Free	31.99	35.49	37.49	84
85	28.24	31.24	32.24	11/12 50M Free	27.99	30.99	32.49	86
87	1:30.99	1:41.99	1:49.49	10/U 100M Breast	1:37.99	1:47.49	1:54.49	88
89	1:18.99	1:28.24	1:34.99	11/12 100M Breast	1:21.99	1:31.49	1:37.99	90
91	2:42.99	2:59.49	3:10.99	11/12 200M Fly	2:51.49	3:08.99	3:23.99	92
93	-----	-----	-----	10/U 200M Free Relay	-----	-----	-----	94
95	-----	-----	-----	11/12 200M Free Relay	-----	-----	-----	96

2011 LONG COURSE CONNECTICUT AGE GROUP SWIMMING CHAMPIONSHIP

ORDER OF EVENTS

July 21 – July 24, 2011

SUNDAY MORNING, JULY 24, 2011
WESLEYAN UNIVERSITY

<u>GIRLS</u>					<u>BOYS</u>				
<u>NO</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>	<u>EVENT</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>	<u>NO</u>	
97	1:04.74	1:12.24	1:16.49	13/14 100M Fly	1:03.99	1:10.49	1:14.49	98	
99	1:02.49	1:10.99	1:13.49	15/19 100M Fly	58.99	1:05.99	1:07.49	100	
101	2:20.99	2:37.49	2:46.99	13/14 200M Back	2:20.49	2:36.99	2:42.49	102	
103	2:17.49	2:32.99	2:41.99	15/19 200M Back	2:13.49	2:28.99	2:32.49	104	
105	1:12.99	1:21.49	1:27.49	13/14 100M Breast	1:10.99	1:19.24	1:24.99	106	
107	1:11.99	1:18.99	1:25.49	15/19 100M Breast	1:07.99	1:15.99	1:19.99	108	
109	2:04.49	2:17.99	2:24.99	13/14 200M Free	2:01.24	2:15.49	2:20.99	110	
111	2:00.49	2:14.24	2:20.99	15/19 200M Free	1:52.49	2:05.49	2:11.99	112	
113	----	----	----	13/14 400M Medley Relay	----	----	----	114	
115	----	----	----	15/18 400M Medley Relay	----	----	----	116	
---BREAK---									
117	11:39.99	10:15.99	10:28.99	13/14 800M/1000Y Free	11:09.99	9:46.49	10:05.99	118	
119	10:59.99	9:37.49	10:10.99	15/19 800M/1000Y Free	10:20.99	9:03.49	9:27.99	120	

SUNDAY MORNING, JULY 24, 2011
CHESHIRE COMMUNITY POOL

121	3:00.49	3:18.49	3:28.99	10/U 200M IM	3:04.49	3:22.49	3:43.99	122
123	2:35.49	2:50.49	2:58.99	11/12 200M IM	2:36.99	2:52.99	3:03.49	124
125	37.99	43.49	44.49	10/U 50M Back	38.49	42.49	45.99	126
127	33.24	36.74	38.99	11/12 50M Back	33.74	37.24	40.49	128
129	1:11.49	1:18.74	1:22.24	10/U 100M Free	1:12.49	1:19.99	1:24.49	130
131	1:02.49	1:08.74	1:11.74	11/12 100M Free	1:02.99	1:09.24	1:12.99	132
133	36.49	39.99	43.99	10/U 50M Fly	37.99	41.99	46.99	134
135	31.74	34.99	35.99	11/12 50M Fly	32.74	35.99	37.99	136
137	2:53.99	3:11.49	3:23.49	11/12 200M Breast	3:01.99	3:19.99	3:37.49	138
139	----	----	----	10/U 400M Medley Relay	----	----	----	140
141	----	----	----	11/12 400M Medley Relay	----	----	----	142