

Youth Gymnastics

Participants work on the mats, balance beam, parallel bars, uneven and vaults, grouped according to ability. For class placement questions call Sally Silverstein at 226-8981 x118.

All gymnasts must wear a leotard.

Competitive Summer 2009

Gymnasts must be members of the pre-competitive and competitive program to participate. Contact Sally Silverstein at x118.

Jun 29–Aug 12
Monday and Wednesday
6:15–8:15p
Fee: \$40/day

Code: 605

All gymnasts must show receipt to coach to participate.

Gymnastics for Cheerleaders (Grades 4-9)

Jun 29–Jul 3
Mon–Fri
9:00–11:00a
Fee: \$230

Code: SR334802

No membership required.
Fee non-refundable.

Creative Gym Camp (Ages 4-6)

Mon–Fri
9:30–12:30p
Fee: \$235 No membership required.
Child must be 4 by June 1, 2009.

Week I: Jun 22–26

Code: SR519100

Week II: Jun 29–Jul 3

Code: SR519101

No Refunds • Please send snack

Summer TNT Hot Shots (Ages 6-9)

Camp by invitation only.

Jul 7–Jul 16

Tue–Thu

9:30–11:30a

Fee: \$250 (Membership required)

Code: SR338202

Summer 2009 Gymnastics Camp

Gymnastics, free swim, and games, all in an air conditioned gym! Child must be able to swim without a flotation device. Child must be 6 years by June 30, 2009. No exceptions! Fees non-refundable.

Session 09C1

Mon–Fri

12:00–4:00p

Jun 29–Jul 3

Code: SR346803

Jul 6–10

Code: SR346804

Jul 13–17

Code: SR346805

Jul 20–24

Code: SR346806

Jul 27–31

Code: SR346807

Aug 3–7

Code: SR346808

Aug 10–14

Code: SR346809

Members \$155/wk, \$40/day

Non-members \$185/wk

Daily Code 605: \$40/day

Pre-Competitive and Competitive Camp Week

No credits or refunds for missed days.
Bring lunch, snack, drink.

Aug 17–Aug 21

Mon–Fri

9:00a–1:00p

Fee: \$250/membership required

Code: SR346801

Summer Fantasy Gymnastic & Art Program (Ages 4-6)

2 hours of gymnastics then add some games and an art project each day! Bring snack and drink. (No credits or refund).

Mon–Thu

9:00a–12:00n

Fee: \$188 no membership required

Session I: Aug 3–Aug 6

Code: SR335019

Session II Aug 10–Aug 13

Code: SR335020



Teen Tumbling 2 hour class (Grades 7 & Up)

Jun 30–Aug 11

Tue 6:30–8:30p

Fee: \$170 (no membership required)

(No credits or refunds for missed classes)

Code: SR335201

Adult Beginner/Intermediate Gymnastics Class: (18 year+)

The class requires no prior gymnastic experience, and begins with a group warm-up/stretch, then proceeds with a progression of basic tumbling skills using the floor and mini tramps. Students learn handstand rolls, cartwheels, roundoffs, walkovers and handsprings. Gymnasts must show receipt to instructor to participate drop in.

Jun 25–Aug 20

Thu 7:00–8:30p

Fee: \$190 no membership required

Code: SR335021

Drop in Daily: \$25

Daily Code: 689

Gymnastic Privates: Available to gymnasts ages 6 and up

Contact Sally Silverstein 226-8981 x118 or ssilverstein@westporty.org

No Youth Classes July 4