

FALL 2008 UPPER GYMNASIUM SCHEDULE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open 6:00–8:00a	Open 6:00–8:00a	Open 6:00–9:00a	Open 6:00–8:00a	Open 6:00–8:15a		
Open 8:00–12:00n	Open 8:00–10:00a	Group Exercise 9:30–10:30a	Open 8:00–10:00a	Group Exercise 8:15–9:15a	Open 8:30–11:00a	Open 9:00–10:00a
	Kick, Catch & Throw 10:00–10:45a		Group Exercise 10:00–11:00a	Open 9:15–10:00a		Soccer Classes 10:00–11:00a
	Stroller Moms 11:45a–12:45p	Open 11:00–12:30p	Open 11:00–12:00n	Stroller Moms 10:00–11:00a	Group Exercise 11:00–12:30p	B-Ball Classes 11:00–12:00n
Open 12:00–1:00p		Stroller Moms 12:30–1:30p	Badminton 12:00–3:00p	Open 12:30–1:30p	Badminton 12:30–2:00p	T-Ball Classes 12:00–12:45p
Open 1:00–2:00p	Y's Men 1:00–2:00p	Open 1:30–2:00p		Open 1:30–2:00p		Birthday Parties 1:00–3:00p
B-Ball Class 2:00–3:00p	Y's Men 2:00–3:00p	B-Ball Class 2:00–3:00p		B-Ball Class 2:00–3:00p	Travel B-Ball 2:00–4:30p	
Open 3:00–4:00p	Y's Men 3:00–4:00p	Open 3:00–4:00p	Child Care 3:00–5:00p	Child Care 3:00–4:00p		
B-Ball Classes 4:00–6:00p	Tennis Classes 4:00–5:00p	B-Ball Classes 4:00–5:00p		Youth Open 4:00–5:45p		Travel B-Ball 3:00–5:00p
	In Shape 5:00–6:00p		In Shape 5:00–6:00p	SEPTA Hoops 5:45–6:30p	Birthday Parties 5:00–7:00p	
Travel B-Ball 6:00–10:00p	Travel B-Ball 6:00–8:00p	Travel B-Ball 6:00–8:00p	Travel B-Ball 6:00–9:30p	Travel B-Ball 6:00–8:00p	Open 7:00–8:00p	
	Adult Fencing 8:15–9:15p	Travel B-Ball 8:00–10:00p				
	Open 9:00–10:00p		Open 9:30–10:00p	Open 8:00–10:00p		