



## Brophy Pool

Effective 8/2/10-8/22/10

Updated- 7/30/10

Monday	Lane 1	Lane 2	Lane 3
5:35-8:00	Adult Swim		
8:00-8:45	Arthritis- Ruth		
8:45-12:30	Hafaday camp		
12:30-1:30	Parent/Tot Swim		
1:30-2:30	Therapeutic Swim	Camp	
2:30-5:30	Group Lessons		
5:35-8:30	<b>Open</b>		
8:30-9:30	Adult Swim		

Tuesday	Lane 1	Lane 2	Lane 3
5:35-8:45	Adult Swim		
8:45-12:30	Hafaday camp		
12:30-1:30	Therapeutic Swim		
1:30-2:30	Parent/Tot Swim	Camp	
2:30-5:30	Group Lessons		
5:35-8:30	<b>Open</b>		
8:30-9:30	Adult Swim		

Wednesday	Lane 1	Lane 2	Lane 3
5:35-8:00	Adult Swim		
8:00-8:45	Arthritis- Ruth		
8:45-12:30	Hafaday camp		
12:30-1:30	Parent/Tot Swim		
1:30-2:30	Therapeutic Swim	Camp	
2:30-5:30	Group Lessons		
6:35-8:30	<b>Open</b>		
8:30-9:30	Adult Swim		

Thursday	Lane 1	Lane 2	Lane 3
5:35-8:45	Adult Swim		
8:45-12:30	Hafaday camp		
12:30-1:30	Therapeutic Swim		
1:30-2:30	Parent/Tot Swim	Camp	
2:30-5:30	Group Lessons		
7:15-8:30	<b>Open</b>		
8:30-9:30	Adult Swim		

Friday	Lane 1	Lane 2	Lane 3
5:35-8:00	Adult Swim		
8:00-8:45	Arthritis- Ruth		
8:45-12:30	Hafaday camp		
12:30-1:30	Parent/Tot Swim		
1:30-2:30	Therapeutic Swim		
2:30-5:30	Group Lessons	<b>Open</b>	
6:35-8:30	<b>Open</b>		
8:30-9:30	Adult Swim		

Saturday	Lane 1	Lane 2	Lane 3
8:30-1:05	Group Lessons		
1:10-2:15	Therapeutic Swim		
2:15-5:30	<b>Open</b>		

Sunday	Lane 1	Lane 2	Lane 3
7:30-8:30	Therapeutic Swim		
8:35-9:55	<b>Open</b>		
10:00-12:00	Group Lessons		
12:00-1:00	<b>Open</b>		

Key:

<b>Open</b>	Pool is open for swimming for all ages.
<b>Lap Swim</b>	Pool is open for lap swim.
Group Fitness	Aquatic Aerobic fitness. Please see brochure for class descriptions.
Group Lessons	Must be a registered participant. Please see brochure for schedule and des criptic
Adult Swim	Pool is open for swimming for ages 18 and up.
Therapeutic Swim	Pool is open for water walking exercises.
Parent/Tot	Pool is open for parents and toddlers.
Swim Team Practice	Must be a registered participant. Please see brochure for schedule and des criptic
Masters	Must be a registered participant. Please see brochure for schedule and des criptic
Tri Train	Must be a registered participant. Great workout for advanced beginners to expert

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