

**WESTPORT
WESTON
FAMILY**
Stauffer Pool

Effective 8/2/10-8/22/10

Updated- 7/30/10

Monday	<i>Lane</i>					
	1	2	3	4	5	6
5:35-9:30	Lap Swim					
9:30-2:30	Lap Swim				Lessons	
2:30-3:45	Open					
3:45-6:30	Open			Lap Swim		
6:30-9:30	Lap Swim					

Tuesday	<i>Lane</i>					
	1	2	3	4	5	6
5:35-9:00	Lap Swim					
9:00-10:00	Swim Fit					
10:00-2:30	Lap Swim				Lessons	
2:30-3:45	Open					
3:45-6:30	Open			Lap Swim		
6:30-8:15	Lap Swim					
8:15-9:30	Lap Sw		Masters			

Wednesday	<i>Lane</i>					
	1	2	3	4	5	6
5:35-9:30	Lap Swim					
9:30-2:30	Lap Swim				Lessons	
2:30-3:45	Open					
3:45-6:30	Open			Lap Swim		
6:30-9:30	Lap Swim					

Thursday	<i>Lane</i>					
	1	2	3	4	5	6
5:35-9:00	Lap Swim					
9:00-10:00	Swim Fit					
10:00-2:30	Lap Swim				Lessons	
2:30-3:45	Open					
3:45-6:30	Open			Lap Swim		
6:30-8:15	Lap Swim					
8:15-9:30	Lap Sw		Masters			

Friday	<i>Lane</i>					
	1	2	3	4	5	6
5:35-9:30	Lap Swim					
9:30-2:30	Lap Swim				Lessons	
2:30-3:45	Open					
3:45-6:15	Open			Lap Swim		
6:15-7:15	Deep Jog		Lap Swim			
7:15-9:30	Open					

Saturday	<i>Lane</i>					
	1	2	3	4	5	6
8:00-10:00	Swim Team Practice					
10:00-12:30	Lap Sw		Masters			
12:30-1:30	Lap Swim					
1:30-4:30	Open					
4:30-5:30	Lap Swim					

Sunday	<i>Lane</i>					
	1	2	3	4	5	6
7:30-10:30	Lap Swim					
10:30-1:00	Open					