



Brophy Pool

Effective 8/23/10-9/5/10

Updated- 8/12/10

Brophy pool is closed for draining and maintenance 8/23-8/30

Monday	Lane 1	Lane 2	Lane 3
5:35-8:00	Adult Swim		
8:00-8:45	Arthritis- Ruth		
8:45-12:30	Open		
12:30-1:30	Parent/Tot Swim		
1:30-2:30	Therapeutic Swim		
2:35-8:30	Open		
8:30-9:30	Adult Swim		

Thursday	Lane 1	Lane 2	Lane 3
5:35-8:45	Adult Swim		
8:45-12:30	Open		
12:30-1:30	Therapeutic Swim		
1:30-2:30	Parent/Tot Swim		
2:35-8:30	Open		
8:30-9:30	Adult Swim		

Tuesday	Lane 1	Lane 2	Lane 3
5:35-8:45	Adult Swim		
8:45-12:30	Open		
12:30-1:30	Therapeutic Swim		
1:30-2:30	Parent/Tot Swim		
2:35-8:30	Open		
8:30-9:30	Adult Swim		

Friday	Lane 1	Lane 2	Lane 3
5:35-8:00	Adult Swim		
8:00-8:45	Arthritis- Ruth		
8:45-12:30	Open		
12:30-1:30	Parent/Tot Swim		
1:30-2:30	Therapeutic Swim		
2:35-8:30	Open		
8:30-9:30	Adult Swim		

Wednesday	Lane 1	Lane 2	Lane 3
5:35-8:00	Adult Swim		
8:00-8:45	Arthritis- Ruth		
8:45-12:30	Open		
12:30-1:30	Parent/Tot Swim		
1:30-2:30	Therapeutic Swim		
2:35-8:30	Open		
8:30-9:30	Adult Swim		

Saturday	Lane 1	Lane 2	Lane 3
8:30-1:05	Open		
1:10-2:15	Therapeutic Swim		
2:15-5:30	Open		

Sunday	Lane 1	Lane 2	Lane 3
7:30-8:30	Therapeutic Swim		
8:35-1:00	Open		

Key:

Open	Pool is open for swimming for all ages.
Lap Swim	Pool is open for lap swim.
Group Fitness	Aquatic Aerobic fitness. Please see brochure for class descriptions.
Group Lessons	Must be a registered participant. Please see brochure for schedule and descriptive
Adult Swim	Pool is open for swimming for ages 18 and up.
Therapeutic Swim	Pool is open for water walking exercises.
Parent/Tot	Pool is open for parents and toddlers.
Swim Team Practice	Must be a registered participant. Please see brochure for schedule and descriptive
Masters	Must be a registered participant. Please see brochure for schedule and descriptive
Tri Train	Must be a registered participant. Great workout for advanced beginners to expert

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