

## Youth Gymnastics

Participants work on the mats, balance beam, parallel bars, uneven and vaults, grouped according to ability. For class placement questions call Sally Silverstein at 226-8981 x118.

*All gymnasts must wear a leotard.*

Mar 1–Jun 18

## Creative Gymnastics (Ages 3-4)

An introduction to tumbling, gymnastics skills and creative movement. Child must be age listed by Mar 1, 2010. **Parents do not stay.**

Mon

3 & 4 years

2:00-3:00p

**Code: SR335004**

4 years

3:00-4:00p

**Code: SR335007**

Wed

3 & 4 years

2:00-3:00p

**Code: SR335010**

Thu

4 & 5 years

2:00-3:00p

**Code: SR335003**

4 years

3:00-4:00p

**Code: SR335006**

Fri

4 & 5 years

2:00-3:00p

**Code: SR335016**

4–6 years

3:00-4:00p

1x wk: \$295 (membership required)

**Code: SR335017**

## Drop-Off – Gymnastics and Art (Ages 2 1/2-3 1/2)

Have your child join us for gymnastics, an art project and a fun game. Child must be potty trained and comfortable leaving parent. Held in Gymnastic Center. Limit 10.

Mar 2–Apr 27

Tue

9:30-10:40a

Fee: \$155/membership required

**Code: SR338201**

## Boys Gymnastics – Creative

Tue

4-6 yrs

3:00-4:00p

1x wk: \$295 (membership required)

**Code: SR335012**

## Boys Gymnastics – Beginner/Advanced Beginner Combo

Tue

5-9 yrs

5:00-6:00p

1x wk: \$295 (membership required)

**Code: 335008**



## Combo Creative/Beginner (Ages 4-6)

No basic gymnastics skills are needed.

Mon

3:00-4:00p

**Code: SR335007**

Thu

3:00-4:00p

**Code: SR335006**

Fri

3:00-4:00p

1x wk: \$295 (membership required)

**Code: SR335017**



## Teen Tumbling 2 hour class (Grades 7 & Up)

Wed

6:30-8:30p

\$350 (membership required)

*No credits or refunds for missed classes.*

**Code: SR335201**

## Combo Gymnastics Classes for Beginner & Advanced Beginner (Ages 5 & up)

Levels are separated by ability. Created for parent/student convenience.

Mon

4:00-5:00p

**Code: SR335018**

Mon

5:00-6:00p

**Code: SR336501**

Tue

4:00-5:00p

**Code: SR336504**

Tue

5:00-6:00p

**Code: SR336502**

Fri

4:00-5:00p

1x wk: \$295 (membership required)

**Code: SR336503**

## Intermediate 2 hour class

Thu

4:00-6:00p

**Code: SR337001**

1x wk: \$350 (membership required)

## Advanced 2 hour class

Wed

4:00-6:00p

1x wk: \$350 (membership required)

**Code: SR337101**

**No Youth Classes Apr 2–Apr 4  
Apr 19–Apr 25**

# YGYMNASTICS™

## Pre-Competitive Gymnastics

Four hours per week. *This class is by invitation only.*

Tue & Thu

3:45-5:45p

2x wk: \$590 (membership required)

Code: SR338901

## Gymnastic Privates: Available to gymnasts ages 6 and up

Contact Sally Silverstein 226-8981 x118  
or [ssilverstein@westporty.org](mailto:ssilverstein@westporty.org)

## Competitive Gymnastics Team

Westport Weston Family Y competes on Regional and National level YMCA & USAG. Membership required. Season: September–June

Level IV

\$2,650 per year

Level V

\$2,650 per year

Level VI & VII

\$3,365 per year

## TNT Hot Shots

By instructor invitation only.

4 hours per week.

Mon & Wed

4:00-6:00p

Fee: 2x/week \$475

Code: SR338202



## Future Stars Invitation Only

Designed for children with previous gymnastics experience who have demonstrated talent and desire to continue at a more challenging level. Children are selected and evaluated for placement by Family Y senior coaching staff.

Tue

4:00-5:00p

1x wk: \$295 (membership required)

Code: SR335002

## Vacation Gymnastics (Ages 6 and up)

Learn and improve gymnastic skills. Bring a snack and a drink. Free swim is included. Child must be able to swim without floatation device

Apr 19–Apr 23

Mon-Fri

12:00-4:00p

\$165/week (Mon-Fri) \$40/day

No membership required.

Fee non-refundable.

Week Code: SR346801

Daily Code: 605

## Gymnastic Privates: Available to gymnasts ages 6 and up

Contact Sally Silverstein 226-8981 x118  
or [ssilverstein@westporty.org](mailto:ssilverstein@westporty.org)

## Adult Gymnastics (Age 18 and up Co-Ed)

This class requires no prior gymnastics experience and begins with a group warm up/stretch, then proceeds with basic tumbling skills on the floor and mini tramp skills. Students learn handstands, rolls, cartwheels, round-offs, handsprings and saltos.

Mar 2–Apr 27

Tue

7:00-8:00p

Fee: \$100/members

\$150/non-members

Code: SR714003



No Youth Classes Apr 2–Apr 4  
Apr 19–Apr 25

## REGISTER NOW! COMING SOON: SUMMER 2010 GYMNASTIC CLASSES!

### Competitive and Pre-Competitive Camp Week

No credits or refunds for missed days.  
Bring lunch, snack, and drink.

Aug 16–20  
Mon-Fri  
9:00a-1:00p  
Fee: \$250/membership required  
**Code: SR346810**

### Competitive Summer 2010

Gymnasts must be members of the Competitive and Pre Competitive program to participate. Contact Krystie Tomlinson at x122.

Jun 28–Aug 13  
Mon and Wed  
3:00-5:00p  
Fee: \$40/day  
All gymnasts must show receipt to coach to participate.  
**Code: 605**



### Gymnastic Camp (Ages 6 and up)

Gymnastics, free swim and games all in an air conditioned gym! Child must be able to swim without floatation device. Child must be 6 years old by June 1, 2010. NO exceptions! Fee non-refundable.

Session 10CI

Mon Fri  
12:00-4:00p  
Jun 28–Jul 2  
**Code: SR346803**

Jul 5–Jul 9  
**Code: SR346804**

Jul 12–Jul 16  
**Code: SR346805**

Jul 19–Jul 23  
**Code: SR346806**

Jul 26–Jul 30  
**Code: SR346807**

Aug 2–Aug 6  
**Code: SR346808**

Aug 9–Aug 13  
**Code: SR346809**

Members: \$165/wk, \$40/day  
Non-members: \$210/wk, \$50/day  
**Daily Code: 694**

### Gymnastics, Cheerleading, and Art! (Grades 2-5)

3 Hours of FUN! Bring snack and drink. No refunds or credits.

Session I: Jul 12–16  
Mon-Thu  
9:00a-12:00n  
Fee: \$190 NO membership required  
**Code: SR334802**

Session II: Aug 23–27  
**Code: SR334803**

### NEW! Kiddy Creative Gymnastics and Art Camp (Ages 2 1/2-3 1/2)

Gymnastics, games and an art project each day! Bring snack and a drink. Must be potty trained. (Instructors cannot change diapers). NO credits or refunds. (Must be 2 by June 1). Parents do not stay. Limit 12 children.

Week I: Jun 28–Jul 1  
Mon-Thu  
9:00-11:00a  
Fee: \$155 no membership required  
**Code: SR519100**

Week II: Jul 5–Jul 8  
**Code: SR519101**

### Summer Fantasy Gymnastic & Art Program (Ages 4-6)

3 Hours of FUN! Gymnastics, add some games and an art project each day! Bring snack and drink. (No credits or refunds).

Session I: Jun 21–Jun 25  
Mon-Thu  
9:00a-12:00n  
Fee: \$190 no membership required  
**Code: SR335019**

Session II: Aug 2–Aug 6  
**Code: SR335020**

Session III: Aug 9–Aug 13  
**Code: SR335021**

**Gymnastic Overnight  
May 15**

**Parent Observation  
Week  
June 15–19**

Visit [www.westparty.org](http://www.westparty.org) for more information