

# WESTPORT WESTON FAMILY Y.

We build strong kids,  
strong families,  
strong communities

# 2009



## Annual Report

### *Our Mission*

The Westport Weston Family Y enriches the community by developing youth and strengthening families while promoting healthy lifestyles for adults, and emphasizing caring, honesty, respect and responsibility in its programs and services.

# A Note from the CEO



*In 2009, as I was becoming re-acquainted with the people and the pulse of the communities served by the Westport Weston Family Y, I found there were many in our midst that were struggling financially and emotionally as a result of the economic downturn. Fortunately, the Family Y has a long tradition of meeting need in the community and last year was no exception.*

*With our commitment to ensure that no one is ever turned away from the Family Y due to an inability to pay, we granted nearly \$380,000 in direct aid and subsidized memberships to those who would not be able to swim in our pools, play in our gyms, workout in our fitness center or place their sons and daughters in our childcare program without financial assistance. Additionally, we provided more than \$143,000 in community support, which included facility use, volunteer and staff time and free memberships to other non-profit groups. And we extended our partnerships throughout the community, from A Better Chance, Christ & Holy Trinity*

*Church, CLASP and the Horizons Program at Green Farms Academy to the Interfaith Housing Association, Positive Directions, SpinOdyssey, St. Vincent's Medical Center and the Westport Department of Human Services.*

*Our ability to award scholarships and camperships, grant free memberships to the clients of social service agencies or make our facility available to community groups at no cost was due in large part to the generosity of those who gave to the annual Strong Kids Campaign. In 2009 we raised more than \$246,000 – a \$100,000 increase over the previous year and with donations from more than 100 individuals who had never before made a contribution to the Family Y. The success of this campaign was due in large part to the efforts of volunteers and staff who, through personal appeals to past and prospective donors, were able to share stories about the way in which contributions to the Strong Kids Campaign directly benefit so many in our community.*

*Through the combined efforts of the Family Y leadership, governance and staff, as well as the contributions of time, talent and resources from friends and neighbors, we completed 86 years of service to the community in 2009 – scheduling over 300 programs, classes and room assignments for more than 3,000 members, and maintaining a welcoming, safe and fully-accredited facility. We had a direct and positive impact on the quality of life in our community – from classes for children and teens that enhance their well-being and workout opportunities for adults and youth to relieve tension and stress, to providing a safe and nurturing environment for children of working parents and supportive social activities and events for people of all ages.*

*On a daily basis, in ways large and small, we are working to deliver a positive experience for our members and guests, address the health and wellness needs of a diverse community and ensure equal access to everyone regardless of ability to play or capacity to pay.*

*And we sincerely appreciate your support of our efforts on behalf of the people of all ages and abilities, different backgrounds and faiths, various professions and income levels who come together in a common bond to develop their spirits, minds and bodies at the Westport Weston Family Y.*

A handwritten signature in black ink that reads "Bob Reeves". The signature is written in a cursive, slightly slanted style.

Robert D. Reeves  
Chief Executive Officer

# A Message to the Community



Since receiving Planning and Zoning Commission approval for the new Family Y at Mahackeno we have been doing a great deal of work behind the scenes to *Make Mahackeno Happen*. A number of significant accomplishments in 2009 will enable us to embark on the final leg of our journey to the new Westport Weston Family Y at Mahackeno.

***Developing a facility plan that meets the current needs of our community and offers the programming flexibility to serve future generations.***

Our goal is to build a Family Y facility that will enable us to deliver expanded programs and services for children, teens, adults and seniors, offer membership-oriented activities, provide flexible multi-purpose space and allow us to partner with other not-for-profits in Westport and Weston to deliver wellness services.

To inform our planning process, our volunteer directors and trustees last year accompanied Family Y staff on visits to YMCAs, in Fairfield County and in similar communities in Massachusetts, New Jersey and Pennsylvania, that had been recently constructed or renovated to expand facilities, improve program offerings and increase the sense of community. These visits and conversations enabled us to evaluate

and incorporate into our plan many YMCA standards and best practices as well as development strategies and programming norms for social and recreational facilities of this type.

As a result of this due diligence, and in combination with the professional expertise of our YMCA consultants, the final Family Y programming plan includes a Wellness Center, Gymnasium and Gymnastics venues, an Aquatics Center with warm-water family pool and a lap pool, a squash court, a racquetball court, a Family Adventure Center and a Child Care area, plus other family-oriented features and amenities. This facility design controls our capital expenditures and allows for optimal staffing, energy consumption and maintenance requirements.

### ***Finalizing plans for resumption of our Capital Campaign.***

While we have always assumed funding from a combination of the proceeds from sale of the existing Family Y building, a fundraising outreach to the community and fiscally responsible debt financing, we recognized the need to fine-tune our fundraising benchmarks for the Capital Campaign.

Thus we developed plans to canvass our membership, our volunteers and the community at large to gain additional insight that will allow us to establish goals that are realistic and attainable over a multi-year period.

We also finalized sale of our existing facility late last year, ensuring that we will remain in our current location to continue serving the community without interruption and securing a substantial amount of the funds needed to complete the project.

Throughout the planning process for the new facility at Mahackeno, the Family Y continues to provide

programs and services that benefit the people of Westport and Weston, deliver a positive experience for all who enter our doors and honor our responsibility as a charitable non-profit dedicated to serving the public good.

We are grateful for the dedication and support of our members, volunteers, staff and community advocates; and we thank you all for helping the Westport Weston Family Y achieve its mission *to build strong kids, strong families and strong communities.*

Iain Bruce  
*President, Board of Directors*

Pete Wolgast  
*Chair, Board of Trustees*





- 52 youngsters attended Camp Mahackeno at no cost to their families
- With expanded programming across all departments, we had significant enrollment increases in Aquatics, the Dance Center, Gymnastics, Hafaday and Sports & Recreation
- The Water Rats, Gymnastics and Travel Basketball teams were all successful in the competitive arena
- We offered 325 programs, hosted regularly scheduled Youth Fun Nights, welcomed everyone to the Healthy Kids' Day and staged the annual America On the Move event
- To ensure full access for everyone, we granted \$378,702 in direct aid and subsidized memberships to individuals and families requiring financial assistance and collaborated with other area agencies and organizations by providing \$143,548 in community support

At the Westport Weston Family Y, we deliver programming, activities and services to meet the needs of a diverse community. Offering something for people of any age and all abilities, we are continuously improving our programs and services to provide a positive Family Y experience for all who come through our doors.

**Professional Staff:** Within our various departments – staffed by experienced personnel with knowledge of marketplace trends as well as credentials and capabilities in their programming and service areas – we offer senior activities, teen programs, music and art classes, early childhood education, classes for people with special needs, health and wellness programs, community events, team sports and more.

**Available Access:** As a non-profit organization serving a public purpose we receive no funding from local, state or federal entities. And yet, no man, woman or child is ever turned away from the Westport Weston Family Y regardless of ability to pay or capacity to pay.

**Dedicated Volunteers:** So many in Westport, Weston and surrounding communities step forward to serve as volunteers on our boards or within our program departments. They may be your neighbors, colleagues, customers or relatives and they include bankers, developers, entrepreneurs, financial planners, publishers, realtors and retirees – all of whom donate their time, talents and resources in support of the Family Y mission.

Through our programs and good works as well as a strong spirit of volunteerism, the Family Y brings people of different backgrounds, faiths, incomes and abilities together in a common bond to *build strong kids, strong families and strong communities.*

*We build strong kids, strong families*

Aquatics | Camp Mahackeno | Child Care and School Age  
Dance Center | Fitness Center | Group Fitness  
Gymnastics | Member Services | Sports and Recreation

- 1,200 children learned how to swim in our pools
- There were 225 children enrolled in our Child Care, Kinderkids and After School programs
- 750 children were enrolled in our summer programs and camps
- More than 500 children participated in our Sports & Rec programs
- We had 390 gymnasts, 325 dancers and 205 swim team members
- Nearly 3,000 adults – including 425 seniors – participated in our health and wellness programs and activities

# 2009 Accolades and Achievements

The Family Y salutes all whose contributions serve to promote our core values of caring, honesty, respect and responsibility.

Departing Board Members: Maggie Feakins, *High School Advisory Member 2007-2009*; Brody McConnell, *High School Advisory Member 2008-2009*; Trudy Denton, *2000-2008*; Hervé O. Hamon, *2003-2008*; Michele Mitnick, *1999-2009*

Lee J. Edelstein Volunteer of the Year: Bonnie M. Strittmatter, *Board of Directors*

Edward T. Bedford Outstanding YMCA Youth: Stacy Oost-Lievense, *Sports & Recreation*; Christopher "Bart" Platow, *Aquatics/Water Rat Swim Team*; Christopher Wiederecht, *Aquatics/Water Rat Swim Team*

Lynne A. Warren YMCA Community Service: Emily Liu, *Sports & Recreation*

Paul I. Becker Employee of the Year: Cesar Vargas, *Aquatics*

Staff Longevity:

20 years – Joy Palmer  
(*Aquatics*), Steven  
Wiesenfeld (*Fitness*);

5 years – Dave  
McCluskey, Sue Seith,  
Christina Bagwell,  
Lauren Finnegan,  
James Gray (*Aquatics*),  
Linda Pressman  
(*Fitness*); Andrea  
Gutierrez, Mitzie  
Walters (*Child Care*);  
Karen Silverberg  
(*Sports & Recreation*)



# The Family Y at Mahackeno

In 2009 we completed the programming plan for the new facility at Mahackeno, finalized sale of the existing Family Y buildings, developed the traffic mitigation plan for review by state and local authorities, prepared to fight the legal challenges brought against the Westport Conservation Commission, the Westport Planning & Zoning Board, the Westport RTM and the Family Y and developed plans for resumption of the Capital Campaign.



Following 14 years of planning and a two-year permitting process that included 16 favorable decisions rendered by 12 separate regulatory and administrative bodies at the state and local level, the volunteers and staff of the Westport Weston Family Y are continuing their work to *Make Mahackeno Happen*.

## Capital Campaign

*Co-Chairs*

Sam Gault | Bill Mitchell | Robin Tauck

*Honorary Chairs*

Bill Gault | Arthur Tauck

## Steering Committee

*Chair*

Ted Davis

*Members*

Iain Bruce | Christine DePinto | Sam Gault | Rosemary Halstead | Peter Helt  
Jim Kempner | Allen Raymond | Peter Romano | Larry Weisman | Les Wolf

*and strong communities.*

# Thank You

The Westport Weston Family Y values each and every contributor. We thank you for your generosity.

CONTRIBUTORS FOR THE YEAR  
ENDING DECEMBER 31, 2009

## CAPITAL CAMPAIGN

### Collaborator (>\$500,000)

Tauk Foundation

### Benefactor (>\$250,000)

Linda and Iain Bruce  
Patrick and Anne Fenn & Family  
The Gault Family  
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## GIFTS IN MEMORY

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## STRONG KIDS CAMPAIGN

### Distinguished Giving Council (>\$10,000)

Ambac Assurance Corporation  
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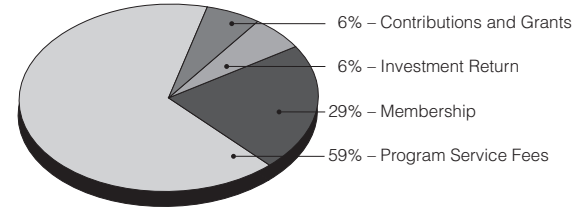
*Every effort has been made to ensure the accuracy of our lists. However, mistakes can occur. If your name has been misspelled, listed incorrectly or omitted, please accept our apology and contact Rose DeLuca at 203.226.8981 x112 so we can correct our records.*

# Financials

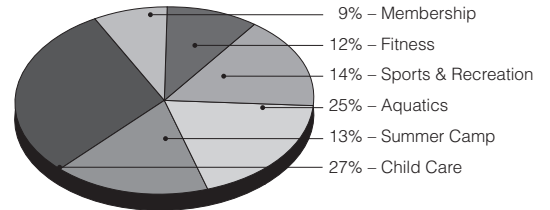
For the Year Ending December 31, 2009

Total Assets	\$ 5,974,632	Total Revenues	\$ 5,533,407
Total Liabilities	\$ 544,705	Total Expenses	\$ 5,650,561
Total Net Assets	\$ 5,429,927	Operating Deficit (\$	117,154)

## Sources of Revenue



## Program Expenditures



*This summarized financial information is extracted from the Association's audited annual financial statements. The financial information relates to operations only and does not include revenues and expenses related to the Mahackeno project. A copy of the complete financial statement is available by writing to Vice President Finance, Westport Weston Family Y, 59 Post Road East, PO Box 190, Westport CT 06881-0190.*



We build strong kids,  
strong families, strong communities.

**LEADERSHIP** For the Year Ending December 31, 2009

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Westport Weston Family Y

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